

## Subject Description Form

<b>Subject Code</b>	APSS3960																	
<b>Subject Title</b>	Social Work Practice in Mental Health																	
<b>Credit Value</b>	3																	
<b>Level</b>	3																	
<b>Pre-requisite / Co-requisite/ Exclusion</b>	APSS396 Mental Health and Social Work																	
<b>Assessment Methods</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 33%;">100% Continuous Assessment</th> <th style="width: 33%;">Individual Assessment</th> <th style="width: 33%;">Group Assessment</th> </tr> </thead> <tbody> <tr> <td>1. Short Quiz</td> <td style="text-align: center;">10%</td> <td style="text-align: center;">0%</td> </tr> <tr> <td>2. Group Presentation</td> <td style="text-align: center;">10%</td> <td style="text-align: center;">20%</td> </tr> <tr> <td>3. Participation &amp; Attendance</td> <td style="text-align: center;">10%</td> <td style="text-align: center;">0%</td> </tr> <tr> <td>4. Term Paper</td> <td style="text-align: center;">50%</td> <td style="text-align: center;">0%</td> </tr> </tbody> </table>			100% Continuous Assessment	Individual Assessment	Group Assessment	1. Short Quiz	10%	0%	2. Group Presentation	10%	20%	3. Participation & Attendance	10%	0%	4. Term Paper	50%	0%
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<ul style="list-style-type: none"> <li>• The grade is calculated according to the percentage assigned;</li> <li>• The completion and submission of all component assignments are required for passing the subject; and</li> <li>• Student must pass all the components if he/she is to pass the subject.</li> </ul>																		
<b>Objectives</b>	<p>The subject aims at:</p> <ol style="list-style-type: none"> <li>1. developing students' awareness on mental illness and mental health;</li> <li>2. developing students' empathetic understanding on the needs of clients with mental problems; and</li> <li>3. integrating social work orientation and intervention in mental health services.</li> </ol>																	

<b>Intended Learning Outcomes</b>	<p>Upon completion of the subject, students will be able to:</p> <ol style="list-style-type: none"> <li>a. describe basic knowledge and concepts related to mental health and mental disorder;</li> <li>b. identify the needs and problems of clients with mental health problems;</li> <li>c. evaluate the mental health and psychiatric rehabilitation services in Hong Kong;</li> <li>d. describe the basic social work intervention with clients with mental health problems;</li> <li>e. examine the roles, dilemma and contribution of social work professional in mental health fields; and</li> <li>f. be aware of the current issues and future trends in mental health care.</li> </ol>
<b>Subject Synopsis/ Indicative Syllabus</b>	<ol style="list-style-type: none"> <li>1. Self Reflection : Personal Feelings and Attitudes Towards Clients with Mental Problems</li> <li>2. Social Work Values and Concepts in Mental Health and Mental Disorders <ul style="list-style-type: none"> <li>• Various Perspectives in Mental Health</li> <li>• Various Perspectives in Mental Disorder</li> <li>• Mental Health and Mental Illness</li> <li>• Social Work Values Towards Mental Illness</li> <li>• Normalization and Social Control</li> </ul> </li> <li>3. Understanding Clients with Mental Disorders <ul style="list-style-type: none"> <li>• Clients with Schizophrenia and the Experience of Delusion and Hallucination</li> <li>• Clients with Mood Disorders and Negative Feelings</li> <li>• Clients with Personality Disorders and Problems</li> <li>• Subjective Feelings and Experiences of Clients with Mental Illness</li> </ul> </li> <li>4. Social Work Intervention with Clients with Mental Health Problems <ul style="list-style-type: none"> <li>• Social Work Intervention with Clients with Mental Problems: A Critical Review</li> <li>• Handling Psychiatric Emergencies: Practice with Social Work Orientation</li> <li>• Social Work Critics on Social Skill Training</li> <li>• Group Work Practice in Institutionalized Settings: Critics and Reflection</li> <li>• Informal Community Care with Clients with Mental Problems</li> </ul> </li> <li>5. Mental Health Policy and Services <ul style="list-style-type: none"> <li>• Public Attitudes and Stigmatization</li> <li>• Rights and Legislation</li> <li>• Institutionalization and Community Care: A Historical Sketch</li> </ul> </li> </ol>

	<ul style="list-style-type: none"> <li>• of Mental Health Service in Hong Kong</li> <li>• Vocational Rehabilitation for Clients with Mental Problems</li> </ul> <p>6. Team Work, Dilemma and Roles of Social Work Professionals in Mental Health Services</p> <ul style="list-style-type: none"> <li>• Roles, Identity and Competence</li> <li>• Social Work Struggle and Response to Institutionalized Settings</li> </ul>							
<b>Teaching/Learning Methodology</b>	<ol style="list-style-type: none"> <li>1. Lectures</li> <li>2. Seminars</li> <li>3. Action Learning Project</li> </ol>							
<b>Assessment Methods in Alignment with Intended Learning Outcomes</b>	Specific assessment methods/tasks	% weighting	Intended subject learning outcomes to be assessed (Please tick as appropriate)					
			a	b	c	d	e	f
	1. Short Quiz	10 %	√					√
	2. Group Presentation	30 %		√	√	√	√	√
	3. Participation & Attendance	10 %	√	√	√	√	√	√
	4. Term Paper	50 %		√	√	√	√	
	Total	100 %						
<p>Explanation of the appropriateness of the assessment methods in assessing the intended learning outcomes:</p> <p>By using different assessment methods in the course, students' performance and study outcomes could be fairly measured. The short quiz, which is implemented at mid-term, is used to assess students' general understanding on the key concepts. Group presentations in seminars require students to actively work on, as well as to present, a particular topic/concept and thus their learning on it could be assessed. Personal reflection and term paper both serve as the means to assess students' conceptual thinking, level of understanding and the organization of the important concepts learned in the subject.</p>								
<b>Student Study Effort Required</b>	Class contact:							
	▪ Lecture		21 Hrs.					
	▪ Seminar		18 Hrs.					

	Other student study effort:	
	▪ Academic reading every week	52 Hrs.
	▪ Group discussion and preparing seminar presentation	12 Hrs.
	▪ Written assignment	20 Hrs.
	Total student study effort	<b>123 Hrs.</b>
<b>Reading List and References</b>	<p><b><u>Essential</u></b></p> <p>American Psychiatric Association. (2013). <i>Diagnostic and statistical manual of mental disorders: DSM-5</i>. Arlington, VA: American Psychiatric Association.</p> <p>Goffman, E (1963) <i>Stigma: Notes of the management of spoiled identity</i>. Englewood Cliffs: NJ Prentice-Hall</p> <p>Gould, N. (2010). <i>Mental Health Social Work in Context</i>. London. UK: Routledge.</p> <p>King, R., Lloyd, C., &amp; Meehan, T. (2013). <i>Handbook of psychosocial rehabilitation</i>. John Wiley &amp; Sons.</p> <p>Lefley, H. P. (1996). <i>Family caregiving in mental illness</i>. Thousand Oaks, CA: Sage.</p> <p>Rapp, C. A., &amp; Goscha, R. J. (2012). <i>The strengths model: Case management with people with psychiatric disabilities</i>. New York: Oxford University Press.</p> <p>Saleebey, D. (2013). <i>The strengths perspective in social work practice</i>. Upper Saddle River, N.J.: Pearson Education.</p> <p>Watkins, P. N. (2007). <i>Recovery: A guide for mental health practitioners</i>. Edinburgh: Churchill Livingstone.</p> <p>Yip, K. S. (Ed.). (2008). <i>Strength based perspective in working with clients with mental illness: A Chinese cultural articulation</i>. New York: Nova Science Publishers.</p> <p>Yip, K. S. (2007). <i>Clinical practice for people with schizophrenia: A humanistic and empathetic encounter</i>. New York: Nova Science Publishers.</p> <p>孔繁鐘、孔繁錦 (編譯)(2000)。 <i>DSM-IV 精神疾病診斷準則手冊</i>。台北：合記圖書出版社。</p> <p>葉錦成 (1991)。 <i>精神病觀察：康復的疑惑與解迷</i>。香港：金陵出版社。</p>	

葉錦成、潘文瑩、陳琦。(主編)(2004)*青少年憂鬱情緒：理解與介入*。香港：香港青年協會。

### **Supplementary**

Anthony, W., Cohen, M., & Farkas, M. (2002). *Psychiatric rehabilitation*. Boston, Mass.: Center for Psychiatric Rehabilitation, Sargent College of Health and Rehabilitation Sciences, Boston University.

Aviran, U. (Ed.). (1997). *Social work in mental health: Trends and issues*. New York: Haworth Press.

Chan, L.W.C, & Rhind, N. (Eds.). (1997). *Social work intervention in health care: The Hong Kong scene*. Hong Kong: Hong Kong University Press.

Lieberman, R.P. (2008). *Recovery from disability: Manual of psychiatric rehabilitation*. Washington, DC: American Psychiatric Publishing, Inc.

Mental Health Association of Hong Kong. (1998). *Mental health in Hong Kong, 1996/97*. Hong Kong: Mental Health Association of Hong Kong.

Mueser, K.T., & Tarrier, N. (Eds.). (1998). *Handbook of social functioning in schizophrenia*. Boston: Allyn and Bacon.

Rosenberg, J. & Rosenberg, S. (Eds.). (2013). *Community mental health: Challenges for the 21st century*. New York: Routledge.

Saha, S., Chant, D., Welham, J., & McGrath, J. (2005). A systematic review of the prevalence of schizophrenia. *PLoS medicine*, 2(5), e141.